

Capitol Kids Tumbling

Tumbling Classes:

Ages: 6-18, 55 min. class

Cost: \$77/month

Basic and Beginning

For kids working on Handstands, Cartwheels, Forward Rolls, Backwards Rolls, Bridges, and backbends.

Back Handsprings

For kids working on back hand-springs, round off back hand-springs and front handsprings.

Walkover

For kids working on back walk-overs, front walkovers, and round offs.

Tucks, Layout, & Fulls Class

For kids working on back tucks layouts and full twisting layouts in running tumbling. Standing tucks as well.

Preschool Tumbling

Tiny Tumblers:

For kids working the basic motor skills for tumbling.

Ages: 3-6, 45 min. class

Cost: \$67/month

Tumble Bee's:

For kids working advance motor skills for tumbling.

Ages: 4-6, 55 min. class

Cost: \$77/month