

Capitol Kids & Capitol City Cheer

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www.capitolkidsjc.com

Current Schedule for classes

	Sunday	Monday	Tuesday	Wednesday	Thursday
PRESCHOOL CLASSES (open to public) \$72/month					
Tiny Tumbling (Age's 3-5) beginners				6:00	5:00
Tumble Bee's (Age's 4-5) Advance					
TUMBLING CLASSES (open to public) \$82/month					
Basic/Beginner			5:00		5:00
Walkover		5:00	6:00		6:00
Back Handspring		5:00	6:00	6:00	
BHS+ & Tucks		6:00		7:00	
Layouts & Fulls			5:00		
DROP IN 30 MINUTE CLASSES (open to public) \$10/class					
Back Handspring drop in class		7:00			
Standing Tucks drop in class			7:00		
Back Walkover drop in class					7:00
CHEER CLASSES (open to public) \$190/session					
FUNdamentals (8 wk Session)				5:00-6:00	
HOME SCHOOL GYM (open to public) \$35/month					
Home school gym time				1:00-3:00	

Please see the MoPro Ninja Warrior schedule for Ninja Classes

For information regarding our Tumbling & Cheer program please email: info.capitolkids@gmail.com